

## Monthly Menu - April 2026



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		29/03/2025	30/03/2025	01/04/2025	02/04/2025	03/04/2025	04/04/2025	05/04/2025
Week 1	Soup			Chinese Broth	Chinese Broth	Holiday		
	Main Dish			Carrot Soup	Vegetable Soup			
	Vegetarian Dish			Minced Pork w/ Turnip	Hot Dog			
	Side Dish			Tofu w/ Black Pepper Sauce	Veggie Hot Dog			
	Fruit			Plain Rice	Plain Rice			
				Spaghetti	Roasted Corn			
				Boiled/ Sautéed Vegetables	Lettuce, Tomato and Cucumber Salad			
				Seasonal Fruit	Seasonal Fruit			
		06/04/2025	07/04/2025	08/04/2025	09/04/2025	10/04/2025	11/04/2025	12/04/2025
Week 2	Soup	Holiday	Holiday	Holiday	Holiday	Holiday		
	Main Dish							
	Vegetarian Dish							
	Side Dish							
	Fruit							
		13/04/2026	14/04/2026	15/04/2026	16/04/2026	17/04/2026	18/04/2026	19/04/2026
Week 3	Soup	Chinese Broth	Chinese Broth	Chinese Broth	Chinese Broth	Chinese Broth		
		Chickpea Soup	Red Bean Soup	Vegetable Soup	Broccoli Soup	Vegetable Soup		
	Main Dish	Pork w/ Pumpkin and Tausi	Chicken Wings w/ Soya Sauce	Meat Bolognese	Chicken w/ Onion and Soya Sauce	Chicken Wrap		
	Vegetarian Dish	Stuffed Roasted Tomato	Vegetable Lasagna	Vegetable Bolognese	Scrambled Egg w/ Veggies	Tofu w/ Soya Sauce		
	Side Dish	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice		
		-	-	Spaghetti	-	French Fries		
	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables			
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit			
		20/04/2026	21/04/2026	22/04/2026	23/04/2026	24/04/2026	25/04/2026	26/04/2026
Week 4	Soup	Chinese Broth	Chinese Broth	Chinese Broth	Chinese Broth	Chinese Broth		
		Chickpea Soup	Leek Soup	Coriander Soup	Pumpkin Soup	Vegetable Soup		
	Main Dish	Beef Sautéed w/ Broccoli	Noodles w/ Pork and Veggies	Chicken w/ Wood Ear Mushroom	Lasagna	Hamburger		
	Vegetarian Dish	Vegetable Skewer	Steamed Egg w/ Tofu and Soya Sauce	Stuffed Roasted Eggplant	Vegetable Curry*	Veggie Burger		
	Side Dish	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice		
		Spaghetti	-	-	-	French Fries		
	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Lettuce, Tomato and Cucumber Salad			
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit			
		27/04/2026	28/04/2026	29/04/2026	30/04/2026			
Week 5	Soup	Chinese Broth	Chinese Broth	Chinese Broth	Chinese Broth			
		Red Bean Soup	Pumpkin Soup	Vegetable Soup	Cauliflower Soup			
	Main Dish	Chicken w/ Cucumber Chinese Style	Sweet and Sour Pork	Meatballs w/ Tomato Sauce	Beef Sautéed w/ Broccoli			
	Vegetarian Dish	Vegetable Balls w/ Tomato Sauce	Scrambled Egg w/ Spinach	Couscous w/ Chickpea and Spinach*	Cauliflower and Chickpea Curry*			
	Side Dish	Plain Rice	Plain Rice	Plain Rice	Plain Rice			
		Potato Salad	-	Potato Salad	-			
	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables	Boiled/ Sautéed Vegetables				
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit				

\* Includes Coconut Milk